



General Studies



Primary 2 First Term

Paper 1

Name : _____ Date : _____

Class : _____ ()



Time allowed:
35 minutes

Marks :

_____/100

Key assessment points	Question type	Score
<ul style="list-style-type: none"> ▶ Grasping the ways to group food ▶ Understanding the importance of a balanced diet to the body ▶ Knowing the proper ways to handle food ▶ Knowing how the body digests food ▶ Knowing how to choose safe and hygienic food ▶ Knowing different kinds of sports ▶ Understanding the benefits of exercise ▶ Distinguishing the right attitudes towards exercise 	A. Multiple choice	/14
	B. True or false	/4
	C. True or false	/8
	D. Fill in the blanks	/12
	E. Sorting	/12
	F. Listing	/8
	G. Fill in the blanks	/12
	H. Matching	/12
	I. Short answers	/12
	J. Current affair	/6

J Read the news report below and answer the questions.

(6 marks)

Restaurants provide 'reduced salt and sugar' dishes

In recent years, the government has promoted a reduced salt and sugar campaign. It aims to reduce the salt intake of Hong Kong people in order to prevent problems like high blood pressure, diabetes, obesity, etc. At present, more than 500 restaurants have joined the campaign. They offer customers low-salt-low-sugar dishes.

In the first month of the campaign, participating restaurants reduced the use of salt and sugar in their food and drink based on the requests of customers.

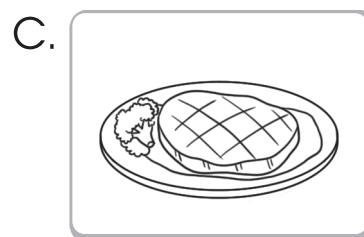
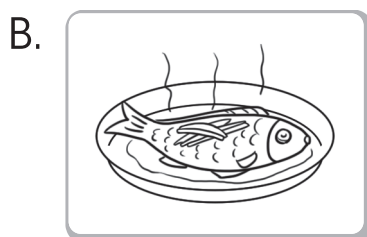
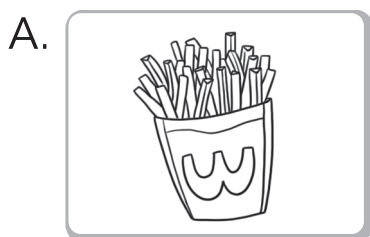
1. Which of the following problems are caused by having too much salt and sugar? Put a ✓ in . (2 marks @1 mark)

- | | | | |
|-----------------------|--------------------------|-------------|--------------------------|
| A. low blood pressure | <input type="checkbox"/> | B. obesity | <input type="checkbox"/> |
| C. diabetes | <input type="checkbox"/> | D. coughing | <input type="checkbox"/> |

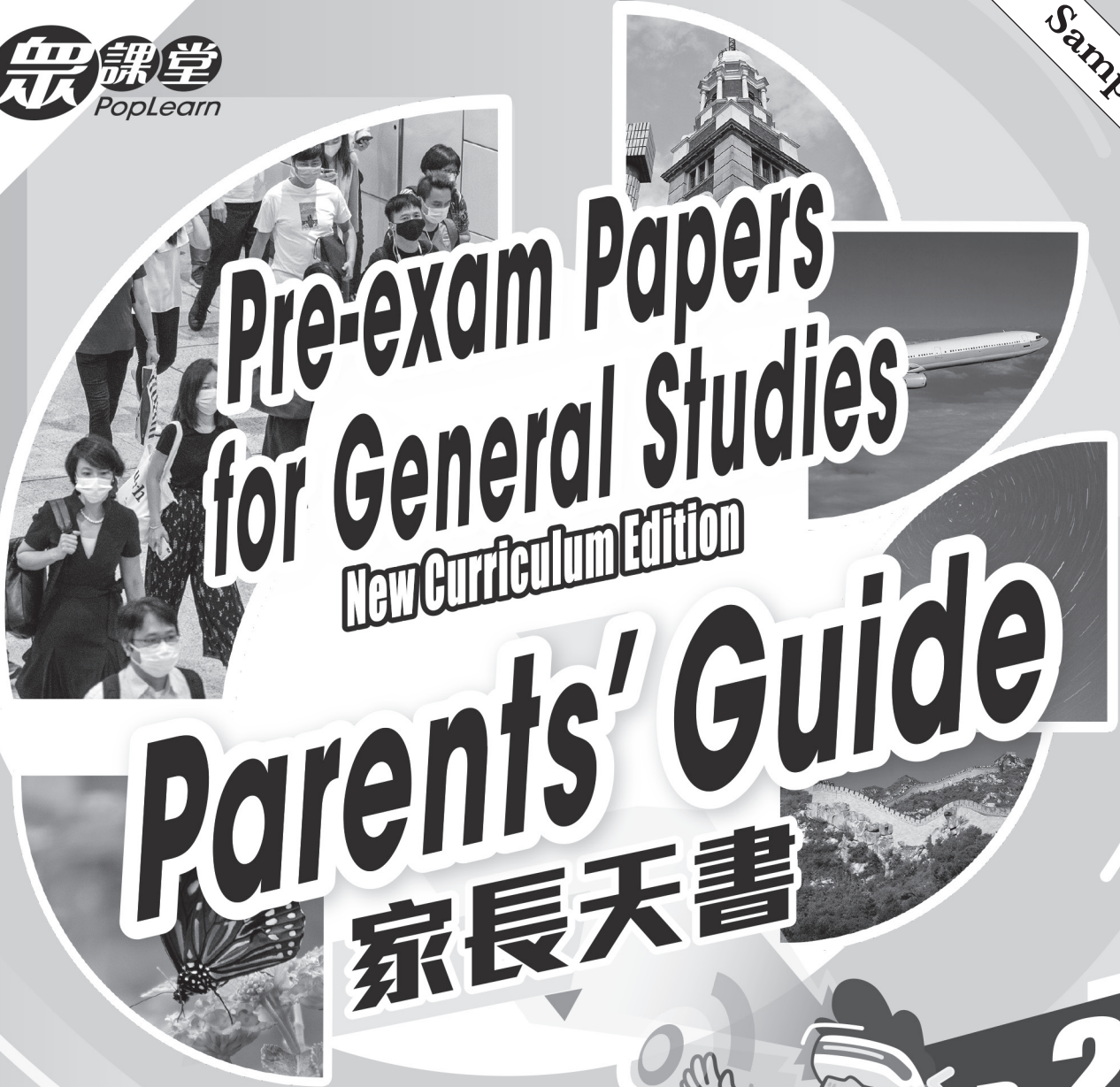
2. What do the restaurants participating in the campaign offer their customers? (2 marks)

They offer customers _____ dishes.

3. Which of the following dishes uses less salt? Circle the correct letter. (2 marks)



— ● End of Paper ● —



**Pre-exam Papers
for General Studies**
New Curriculum Edition

Parents' Guide
家長天書

P.2

- 「常識科應試技巧」針對常識科不同題型，提供相應的答題技巧
- 「答案詳解」提供完整答案及解說
- 「分數紀錄表」按課題將各卷題目分類，讓家長全面瞭解子女在常識科各課題中的強弱項

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《家長天書》的使命



眾課堂 PopLearn 的補充練習設計，以編排簡潔清晰、題量充足見稱，旨在讓學生能在家中有效自學、強化能力，從而提升在學校的學習表現。此外，如果家長能作適當的指導，學生在家自學的成效會更為顯著，成績有所提升。

因此我們特設《家長天書》，希望「天書」能做到下列任務：

- 1 為家長拆解各種題型的答題技巧，讓家長更加有效地輔導子女。
- 2 答案詳盡，以便家長指導子女時能更得心應手，方便實用。
- 3 附上各卷的分數紀錄表，方便家長瞭解子女在各考核重點的掌握程度。
- 4 家長輕鬆指導，子女有效學習，能力及成績同步快速提升！

常識科 應試技巧



常識科包含的內容非常廣泛，考核學生的方式也很靈活。本書採用螺旋式編排，使學生能輕鬆適應新課程的變化。

教育專家指出，人對事物的認知都遵循着由簡單到複雜、由低級到高級逐步深化的發展規律，知識內容在前後反覆出現，逐步加深，這種螺旋式學習能在腦海裏留下深刻的印象。因此，我們在安排各卷的內容時，除了考核本單元的內容外，還會溫習已學單元的課題，循環往復，讓學生既能更好地掌握新知識，又能鞏固已學單元知識，幫助學生科學、系統地掌握全年的學習重點。

當然，除了紮實的知識，掌握必要的應試技巧也能幫助學生在考試中快速作答，輕鬆考取高分。怎樣才能讓學生在考試時隨機應變，應付自如呢？

以下會提供針對常識科題型的作答技巧，幫助家長更有效地輔助子女提升應試能力，做到胸有成竹。

推斷詞意

適用題型：任何題型

英文常識科牽涉較多英文生字，面對較難的生字，學生會較容易感到氣餒，影響學習效能。雖然常識教科書包含的主題和單元眾多，但其實所有課題都和學生的生活息息相關。因此，學生可以將課本中的生字聯繫到日常生活中見到的英文字，以理解和作答問題。另外，學生也可透過其他字句推斷生字的意思。

例

What should we **NOT** consider when we choose toys?

- | | |
|-----------------------|--------------------------|
| A. our interests | B. our age |
| C. prices of the toys | D. the brand of the toys |

答題
解碼

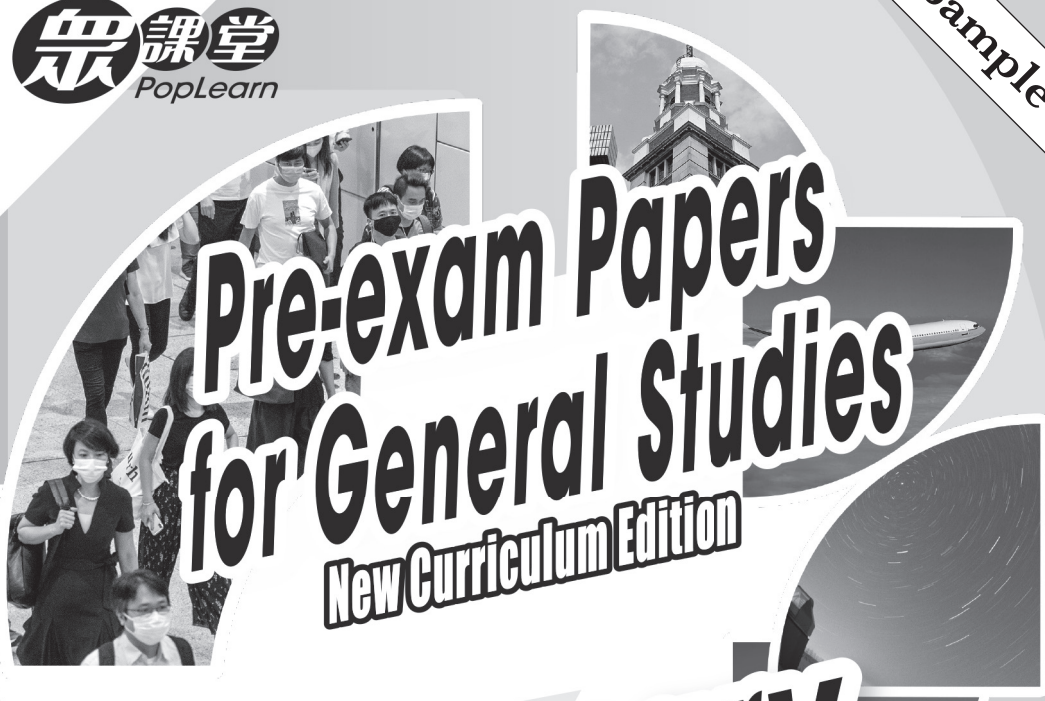
雖然題目中 `consider` 一詞較深，但學生可以從答案選項和 `when we choose toys` 推斷生字的意思。除了選項 D 外，其他選項都是選擇玩具時的考慮因素，因此可以推斷 `consider` 指「考慮」。

First Term Paper 1

Theme	Topic key points	Question number	Marks
Healthy Food	Why you need food	D. Q1	/2
	Food groups	A. Q1; F. Q2	/6
	Healthy eating	A. Q2, 5; B. Q2; H; J. Q1-3	/23
Food Safety	Balanced diet	B. Q4; I. Q1	/3
	Choosing safe and hygienic food	C. (I)	/4
	Handling food	A. Q4; D. Q5	/4
	How the body digests food	A. Q3; G. Q1-6; I. Q2, 4, 6	/20
Exercise and Me	Keeping food	C. (III); D. Q2, 3; I. Q5	/10
	Types of sports	E. Q1, 2; F. Q1	/16
	Why exercise is good for you	A. Q6; D. Q4	/4
	The right attitudes towards exercise	B. Q1, 3; D. Q6	/4
	Exercise every day	A. Q7; I. Q3	/4
Total marks			/100

First Term Paper 2

Theme	Topic key points	Question number	Marks
Healthy Food	Healthy eating	B. Q8; F. Q4; G. Q1, 3	/10
	Balanced diet	C. Q2	/1
Food Safety	Choosing safe and hygienic food	C. Q8	/1
	How the body digests food	B. Q1	/2
	Keeping food	C. Q1	/1
	Types of sports	B. Q4, 7; H. Q2	/6
Exercise and Me	Why exercise is good for you	F. Q5	/4
	The right attitudes towards exercise	C. Q3; G. Q6	/3
Exercise safely	What to pay attention to before exercise	A. (I); B. Q5; F. Q6	/8
	What to pay attention to during exercise	C. Q4	/1
	What to pay attention to after exercise	C. Q5, 10; F. Q1; G. Q2	/8
Animal Friends	How animals are born	B. Q3; C. Q6; H. Q1	/5
	What to think about before keeping a pet	G. Q8	/2
	Keeping pets	B. Q6; F. Q2; G. Q5; I. Q1-3	/16
	Facing the ageing, illness and death of pets	B. Q2; C. Q9; G. Q7	/5
Growing plants	Parts of plants	C. Q7; D. Q1-6; G. Q4	/15
	Growth of plants	A. (III); B. Q9; E	/10
	How to grow plants	F. Q3	/2
Total marks			/100



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Glossary

中英對照詞匯冊

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How to Use 使用說明

This glossary lists the Chinese definitions of the words in the papers. The words are divided according to the six strands in the General Studies curriculum. Students can revise what they have learned with the help of this glossary.

本詞匯冊旨在給學生提供試卷內的詞匯及其中文解釋。詞匯以常識科六大學習範疇分類，讓學生重溫所學過的知識。

First Term

Health and Living

ability	能力	hygiene	衛生
absorb	吸收	immediately	立即
anus	肛門	individual	個人的
attitude	態度	indoor	室內
balanced	均衡的	judo	柔道
benefit	益處	large intestine	大腸
chew	咀嚼	leftover	吃剩的食物
constipation	便秘	liquid	液體
diabetes	糖尿病	mental	腦力的
digest	消化	moderately	適量地
digestive system	消化系統	moist	潮濕的
energy	能量	muscle	肌肉
environment	環境	nutrient	營養
expired	過了食用 期限的	obesity	肥胖
faeces	糞便	outdoor	戶外
fluid	流質飲品	outfit	裝束
food pipe	食道	overweight	過重
grain	穀物	physical	體力的
gymnastics	體操	raw	生的 / 未煮的
Healthy Eating Food Pyramid	健康飲食 金字塔	relax	放鬆
heart	心臟	rope skipping	跳繩
heart rate	心率	saliva	唾液
high blood pressure	高血壓	salmon	三文魚
high-intensity exercise	劇烈運動	sashimi	刺身
high-risk	高危	serving	一份 (食物份量)
		small intestine	小腸
		stomach	胃
		stomach juice	胃液
		stretch	伸展
		suitable	適合的