




Contents

sample

Section	Level	Practice	Text Type	Page
 Listening	Basic	Listening 1 (M.C.)	announcements	4
		Listening 2 (form)	conversations	5
	Advanced	Listening 3 (M.C.)	interviews	6
		Listening 4 (form)	phone conversations	7
		Listening 5 (M.C.)	monologues	8
		Listening 6 (form)	phone conversations	9
	 Challenge	Listening 7 (M.C.)	conversations	10
		Listening 8 (M.C.)	weather reports	11
		Listening 9 (M.C.)	monologues	12
		Listening 10 (form)	conversations	13
 Reading	Basic	Reading 1	online posts	14
		Reading 2	newsletter articles	16
	Advanced	Reading 3	articles	18
		Reading 4	articles	20

Section	Level	Practice	Text Type	Page
 Reading	Advanced	Reading 5	e-mails	22
		Reading 6	blog entries	24
		Reading 7	articles	26
	 Challenge	Reading 8	leaflets	28
		Reading 9	news articles	30
		Reading 10	leaflets	32
		Reading 11	articles	34
 Writing	Basic	Writing 1	e-mails	36
	Advanced	Writing 2	diary entries	37
	 Challenge	Writing 3	e-mails	38
		Writing 4	diary entries	39
	Writing Checklist			40





(CD: Track 10)

Joseph and Aunt Karen are at Eastfield Department Store. He is helping his aunt complete a survey form. Listen carefully and complete the survey form for Joseph.

Eastfield Department Store

Customer Survey Form

Put a (✓) in the appropriate .



(1) Do you like shopping at Eastfield? Why?

Very much A little Not at all

Reason(s): _____

S5

(2) What are your favourite sections? (You can tick more than one .)

Electronics Fashion Watches and jewellery
 Shoes Books and gifts Furniture and homeware

S1

(3) How often do you visit our department store per month?

Fewer than 3 times 3–6 times
 7–10 times 11 times or more

(4) Suggestion(s) about how to improve our store:

(i) _____

(ii) _____

S1

(5) E-mail address: _____ @pworld.com

S2

(6) Date: _____ / _____
Day Month



Lily is reading an article about skateboarding in a magazine. Read it carefully. Choose the best answers for Questions 1-5 and complete Question 6.

Skateboarding

By Esther Miller



(i)

Speaking of sports, you may think of football or basketball immediately. But has skateboarding ever come into your mind? Skateboarding has been popular in the U.S.A. since the late 1940s. You can often see people doing this sport in American comics and TV shows. As a skateboarder with more than ten years of experience, I can tell you that this sport can be more dangerous than it seems. Therefore it is important to know how to keep yourself safe.

(ii)

Before starting your first skateboarding lesson, you need a helmet, wrist guards, elbow pads and knee pads. A helmet can protect you from head injuries. As for the guards and pads, they are for keeping your body parts covered. Of course, you also need a pair of skate shoes and a skateboard. Before riding the skateboard, you should spend some time doing warm-up exercises. This can lower the chance of you getting injured.

(iii)

To become a skilful skateboarder, you have to be perseverant and creative. Learning new tricks can be difficult so you need to keep practising to challenge yourself and test your limits. When you cannot perform some tricks, do not give up or force yourself to do them. Instead, ask other skateboarders for help as they may be more experienced. It is also important to create new sets of movements from time to time to keep skateboarding fun. You will be more willing to practise when you find this activity interesting.

(iv)

Because of the high speed, skateboarding can be quite dangerous. Here are some essential rules that skateboarders should always bear in mind. To skate safely, protect yourself well with safety equipment. In case of danger, try to stay in control of your muscles so that you can be swift on the skateboard. Last but not least, do not skate in the streets. You should always go skateboarding in a skate park. Remember these rules and have a good time with your skateboard!

Mini Dictionary

skilful: good at doing something

perseverant: trying to do something even if there are many difficulties

essential: very important